



CAPITAL AREA
STAFFING SOLUTIONS



BANGOR AREA
STAFFING SOLUTIONS



February 2022

Field Employees

IMPORTANT TIMECARD NOTICE

**CASS & BASS Offices will be closed
Monday, February 21st for
Presidents' Day.**

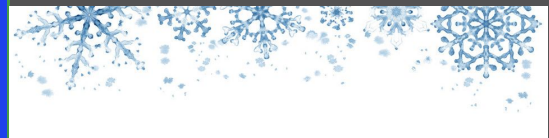
As always, please remember to submit your time card no later than Friday afternoon, unless you are working a weekend shift. In that case, please e-mail/fax no later than 8am Monday morning.

If you have vacation/travel plans that require time off from work, please be sure to notify us once you have requested from the Client, as soon as possible. The earlier we know, the better we (and our Clients) will be able to prepare for your absence.

CONGRATULATIONS!

The following Field Employees
have been hired permanently at
our Client companies:

Fiona Afoa
Garrett Wyman
Scott Hainer



February Dates and Fun Facts

February 1st - Lunar New Year/Chinese New Year - 2022 is the Year of the Tiger
February 2nd - Groundhog Day
February 4th-20th - Winter Olympics
February 9th - National Pizza Day
February 13th - Super Bowl Sunday
February 14th - Valentine's Day
February 21st - Presidents' Day
February 22nd - National Margarita Day



The Origins of Groundhog Day

On February 2, 1887, Groundhog Day, featuring a rodent meteorologist, was celebrated for the first time at Gobbler's Knob in Punxsutawney, Pennsylvania. According to tradition, if a groundhog comes out of its hole on this day and sees its shadow, it gets scared and runs back into its burrow, predicting six more weeks of winter weather; no shadow means an early spring.

Groundhog Day has its roots in the ancient Christian tradition of Candlemas, when clergy would bless and distribute candles needed for winter. The candles represented how long and cold the winter would be. Germans expanded on this concept by selecting an animal—the hedgehog—as a means of predicting weather. Once they came to America, German settlers in Pennsylvania continued the tradition, although they switched from hedgehogs to groundhogs, which were plentiful in the Keystone State.

Groundhogs go into hibernation in the late fall. In February, male groundhogs emerge from their burrows to look for a mate (not to predict the weather) before going underground again. They come out of hibernation for good in March.

In 1887, a newspaper editor belonging to a group of groundhog hunters from Punxsutawney called the Punxsutawney Groundhog Club declared that Phil, the

February is National African-American History Month, American Heart Month, and National Library Lover's Month.

-February's full moon is known as the **Snow Moon**. The explanation is a fairly straightforward one: it's due to the typically heavy snowfall that occurs in February.

-February's birthstone, the **amethyst**, thought to prevent intoxication and keep its wearer thinking sharply.

-February's birth flowers are the violet and primrose.

Dressed-Up Crab Rangoon Dip

From almanac.com



Ingredients

- 12 ounces cream cheese, softened
- 2 cans (6 ounces each) crabmeat, well drained and picked over for shells
- 3 scallions, chopped
- 2 tablespoons chopped roasted red peppers
- 3/4 cup shredded Swiss cheese
- 1/3 cup grated Parmesan cheese
- 1 teaspoon prepared horseradish
- 1 tablespoon Worcestershire sauce
- 1 tablespoon milk
- 1/4 teaspoon garlic powder

Punxsutawney groundhog, was America's only true weather-forecasting groundhog. The line of groundhogs that have since been known as Phil might be America's most famous groundhogs, but other towns across North America now have their own weather-predicting rodents, from Birmingham Bill to Staten Island Chuck to Shubenacadie Sam in Canada.

Source: history.com

Team USA Winter Olympians with Connections to Maine



The Winter Olympics are being held in Beijing, China from February 4th thru the 20th. This year there are five athletes on Team USA that were either born in Maine, attended high school or college in Maine, or trained here.

Frankie Del Duca - Bobsled
Frankie attended Telstar High in Bethel. That led to him running track at the University of Maine, where he and fellow U.S. bobsledder Jimmy Reed still rank second on the school's all-time list in the 400-meter relay (and where Del Duca is still ranked in the top 10 in the long jump, 100 and 200).

Jimmy Reed - Bobsled
Jimmy graduated from UMaine in 2014, holding school records in the indoor 55 meters and 60-meter hurdles and the outdoor 110 hurdle.

-1/4 teaspoon salt
-1/8 teaspoon freshly ground black pepper
-2 tablespoons chopped slivered almonds
-1 scallion, green part only, chopped, for garnish

Instructions

Preheat the oven to 375°F. Spray an 8x8-inch baking dish with nonstick cooking spray; set aside.

In a bowl, mix together the cream cheese, crabmeat, scallions, red peppers, Swiss cheese, Parmesan, horseradish, Worcestershire sauce, milk, garlic powder, salt, and black pepper.

Place crab mixture into prepared baking dish and bake for 20 to 25 minutes, or until bubbly around the edges. Top with almonds and cook for 5 minutes more. Garnish with chopped green scallions.



*I'm not just February
With winds that blow
All day, and piled-up snow;
I'm Washington and Lincoln,
too,
Who kept our country's flag
for you!
I'm Valentine of airy grace—
With golden hearts and hearts
of lace
And pretty cards that people
send,*

Clare Egan - Biathlon

Clare is a Cape Elizabeth native competing in her second Olympics.

Sophia Laukli - Cross Country Skiing

Sophia graduated from Yarmouth High School in 2018.

Emily Sweeney - Luge

Emily, who will compete in her second Olympics as a member of the U.S. luge team, was born in Portland and lived in Falmouth until her family moved to Connecticut when she was 10.

In addition to these athletes, there are also five women's hockey players with UMaine ties who are playing for three European countries.

We hope you will take some time to root for all these athletes as they compete over the next few weeks!

Source: pressherald.com

*Quite as a secret, to a friend.
Though I am short of days and small,
I'm quite a big month, after all!*

-I'm Not Just February

by Annette Wynne



We are Hiring!!

Capital Area Staffing Solutions
and Bangor Area Staffing
Solutions have many CAREER
opportunities available!

Do you know someone who is
looking for a new opportunity?
Please ask them to review the
listings on our website and send
their resume for consideration.

Capital Area Staffing Solutions
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