

Cass Crier – September, 2011



CASS NEWS

CONGRATS!
To “former” CASS Field Employees:
Cindy Austin
Stacey Hachey
Jennifer Whelan
on their permanent hires with our clients!



Please fill your timecard in completely, including dates, and signatures. And DON'T FORGET: if you have planned time off, or are missing time from work, be sure to notify the client as well as CASS.



THIS N THAT

Did You Know?



September's Flower of the Month is Morning Glory.

REMEMBER 9.11.01 UNITED WE STAND!

~The major networks (ABC, CBS, NBC, and Fox) featured four days of continuous coverage on the attacks. This was the longest stretch of round-the-clock coverage ever.

~On September 13, 2001 (two days after the terrorist attack) the United States National Anthem was played at the changing of the guard at Buckingham Palace in Great Britain by order of Queen Elizabeth II. This was an unprecedented act.

~The National Football League canceled all of its games for the weekend. This was the first time the NFL had ever cancelled games for reasons other than a strike.

~American flags were added to Major League Baseball players' caps and uniforms when games resumed on Monday, Sept. 17.

RECIPE



Looking for lunch box ideas, or ideas for after-school snacks? If you think tuna is a tired choice, perk it up with THIS recipe!

Ingredients:

- 2 cans water packed tuna, drained
- 1 tablespoon extra virgin olive oil
- juice of ½ lemon
- ¼ cup shredded zucchini
- ¼ cup shredded carrot
- ¼ cup red bell pepper, finely chopped
- ¼ cup green or black olives, thinly sliced
- 8 slices whole wheat bread
- 2 cups baby carrots (optional)

Toss together, serve & enjoy!

THE KIDS ARE BACK IN SCHOOL AND BUSES ARE ON THE ROAD, SO BE SURE TO GIVE YOURSELF EXTRA TIME TO GET TO WORK!