

The CASS Crier



March 2010

CASS News!

Please refrain from accessing the Internet while at work. If the client has ok'd usage, please remember to do so only during the allotted times.

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### **DAYLIGHT SAVING TIME!**

Daylight Saving Time was instituted in the United States during World War I in order to save energy for war production by taking advantage of the later hours of daylight between April and October. Also, Daylight Saving Time is four weeks longer since 2007 due to the passage of the Energy Policy Act in 2005. The Act extended DST by four weeks with the hope that it would save 10,000 barrels of oil each day. Unfortunately, it is exceedingly difficult to determine energy savings from DST and based on a variety of factors, it is possible that little or no energy is saved by Daylight Saving Time.

### This N That

#### **Easter Grass!**

Grow real Easter grass in small containers this spring!

About 3 weeks before Easter, fill small terra-cotta pots with potting soil, sprinkle with grass seeds, place in bright light, and keep watered.



To our "former" CASS Field Employee, **Kimberly Hallowell**, on her permanent hire with one of our clients!

**Don't forget to turn your clocks one-hour ahead on Sunday!**

**Happy St. Patrick's Day!!**

### Recipe

#### **Maple Sweet Potatoes**

4 to 5 medium sweet potatoes, boiled in their jackets

4 to 5 medium apples

1 cup maple syrup

2 to 3 tablespoons butter

Cool, peel, and slice sweet potatoes. Pare and slice apples. Place the maple syrup in a saucepan and add butter and apples. Cook gently until apples are tender. Layer the sweet potatoes and apples in a buttered casserole. Pour saucepan juices over them. Just warm in oven or place in refrigerator to use later

To make these extra delicious, run the hot casserole under the broiler long enough to brown the top

