

CASS CRIER



CASS NEWS

CASS will be closed on Monday, September 6th in observance of Labor Day, so timecards need to be submitted by end of business on Friday, 9/3.



CONGRATS!

To "former" CASS field employees,

*Brian Murphy,
Marie Choate, &
Kristin Azevedo*

on their permanent hires with our clients!



August is National Golf Month and August 30th is National Toasted Marshmallow Day!

THIS N THAT

Did You Know?



The poppy and gladiolus are the flowers for the month of August. The sardonyx and peridot are the gems.



9 Back to School Tips

- 1) *Do as much as possible the night before school.*
- 2) *Get to bed early.*
- 3) *Stagger bedtime for kids of different ages.*
- 4) *Let your kids take responsibility for morning tasks.*
- 5) *Serve a glass of water with breakfast.*
- 6) *Tie back long hair.*
- 7) *Put together a pack of extra supplies for the car.*
- 8) *Arrive at pick-up with snack in hand.*

Take a break from the schedule on weekends.

RECIPE

Zucchini Cutlets



- 3 zucchini squash
- 2 eggs, beaten
- 2 rounded tablespoons grated Romano cheese
- parsley (fresh cut or dried)
- 3 tablespoons cooking oil
- 1-1/4 cups seasoned breadcrumbs
- 1/4 teaspoon salt
- freshly ground pepper

Cut the ends from the zucchini, peel, and cut into strips about 1 inch wide, 4 inches long, and 3/4 inch thick.

Mix salt and pepper with the beaten eggs. Heat cooking oil in a large skillet until hot. Mix the cheese and breadcrumbs. Dip the slices of zucchini in the egg, then the breadcrumb mixture, and brown on all sides.

Turn gently to avoid breaking the slices. Add more cooking oil if necessary. Remove to a heated platter; sprinkle with parsley and serve as is, or with a tomato sauce.